

Don't drive while using
a **hand-held** phone.



You'll **survive** a missed
call but, **a collision?**



Tips for Drivers

Even the most careful of drivers will be distracted by a phone call or text message - it affects concentration and anticipation.

Keep your **hands** on the wheel, your **eyes** on the road and your **mind** on the driving.

Avoid getting 2 penalty points and a fine or even a court appearance with 4 penalty points and up to 2000 fine.

Here are some tips for drivers:

- If you are driving, use your voicemail or message service.
- If you must use your phone, stop in a safe place, not on a motorway hardshoulder.
- Do not use a hand-held phone - your mind will not be fully on driving but on the conversation.
- Take regular breaks.
- If there are passengers in the vehicle, let one of them take or make the call.
- If you're expecting an important call, let someone else drive.

You're four times
It's difficult to
more likely to have
concentrate on
a road collision
two things
when you're using
at the same time.
a mobile phone.

You'll **survive** a missed phone call;
you might not survive **a collision!**