



# See The Road Ahead

## - The importance of regular eye tests for all road users.

GOOD EYESIGHT is important to us all, but perhaps particularly to drivers. Regular eye tests are a vital health check for everyone – like an MOT / NCT for your eyes. Despite what many people think, they aren't just about whether you need to wear glasses or not.

An eye test can help detect eye diseases before you notice the effect on your sight. Early treatment can often prevent your sight from getting worse. Many conditions such as cataracts will affect your driving performance, for example by increasing glare from bright lights at night. Road Safety Officer with Mayo County Council, Noel Gibbons recommends that everyone has an eye test once every two years.

The Road safety officer with Mayo County Council is promoting the importance of an eye test as part of a major eye health awareness campaign and is calling on the general public, including drivers, to have regular eye tests.

MAYO COUNTY COUNCIL has teamed up with opticians in Mayo to provide a visual assessment for drivers over 55 years of age. This offer is limited to a three month period (May 15 - August 15, 2006).

## **OPTOMETRISTS PARTICIPATING IN THIS SCHEME:**

### **Castlebar**

Mongey BH Opticians 094 90 24115  
Stauntons Opticians 094 90 24288

### **Westport**

Eyeworld 098 26732  
Stauntons 098 27765  
Mongey BH Opticians 094 90 24115

### **Ballina**

Joe Gavin Opticians 096 71266  
Stauntons 096 22855  
O'Reilly & Hughes Opticians 096 72100

### **Claremorris**

Fahy Opticians 094 93 62408

### **Ballyhaunis**

Fahy Opticians 094 96 30212

### **Ballinrobe**

Cathy Silke Opticians 094 95 42300  
Mongey BH Opticians 094 90 24115

### **Swinford**

Damien Brehony/Mongey BH 094 92 53632

**Visual Assessment for driving  
sponsored by Association of  
Optometrists (Mayo Members).**

Produce this voucher at the participating opticians above. Terms & Conditions Apply. Appointment necessary.