



COMHAIRLE CONTAE MHAIGH EO MAYO COUNTY COUNCIL

YOUTH CYCLING SAFETY SKILLS

Cycling is a fun, healthy and an inexpensive way for Children to get around, whether you cycle to and from school, or for recreation. Hazards can be avoided when they have good handling and traffic skills. The weekend of 26th of November at 11am sees the launching of a major drive for the development of underage cycling skills in Mayo. The initial programme will be skills based designed to teach kids basic bike handling using a variety of obstacle courses in a set out car park. This will be followed by road safety competitions. The event is targeted at children over 7 and up to 14 years of age. No specialist equipment is required other than a bicycle of any description in good working order and a **helmet!!**



The programme will run on Saturday mornings in the Scoil Raifteiri, Castlebar, at **11am on Sat November 26th**, at a nominal charge of 3. The event promises to be good craic with both individual and team events. Parents are invited to come along to watch or even give a hand. It will give many kids a chance to put the mountain bikes they have to the test. Who knows we may even find another Sean Kelly, Stephen Roche or even our own local David O'Loughlin out there!! For more information on the events contact Gerry on 087-2580294 or Noel 087-7870055.

Mayo County Council: committed to reducing deaths and serious injury on the roads.

From Road Safty Officer, Noel Gibbons.